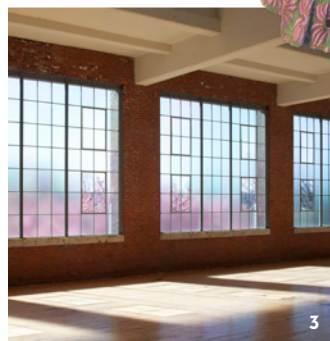


Abacaxi shirt, \$190; abacaxi-nyc.com.



Abacaxi shorts, \$250; abacaxi-nyc.com.



Foster Grant sunglasses, \$21; fostergrant.com.



THE PLACE Hudson Valley, N.Y.

PLAN A WEEKEND IN THE WOODY UPSTATE REGION AND EXPLORE ABACAXI DESIGNER SHEENA SOOD'S TOP SPOTS

WHERE TO GO I was first drawn to the Hudson Valley when I heard about the **Hortus Arboretum & Botanical Gardens (1)** in Stone Ridge, N.Y., about a two-hour drive away from my home in Brooklyn. It's such a hidden gem; the owners are extremely knowledgeable about plants and happy to share their expertise. I learned about some of the oldest trees in the area, many of which have been around for hundreds of years.

WHERE TO SLEEP AND EAT Home base for my stay was a charming Airbnb rental on the grounds called the Barnette. It has a large wooden porch overlooking the forest and is decorated with fresh flower bouquets. I spent my time there relaxing in the sun, sampling in-season fruit, and eating my meals outside. When I didn't feel like cooking, I'd head to

the Pines, a cozy restaurant with great vegetarian options, or to **Home/Made Hudson** café (2). I'm still dreaming about their walnut-bread toast.

WHAT TO DO There are many nearby destinations that are worth the trip: the **Dia:Beacon (3)** museum, the outdoor sculpture garden at **Storm King Art Center (4)**, and New Paltz, a lively college town filled with independent bookstores and boutiques. In addition, **Bannerman Island (5)** offers an interesting tour of an abandoned castle that's perfect for history buffs. But as a city dweller, I actually was happiest when I was completely immersed in nature.

WHAT TO PACK Pieces you can wear multiple days and ways, like colorful summer separates, plus flat sandals and your favorite sunglasses.



Ancient Greek Sandals, \$163; matches fashion.com.

